

What is Growth Mindset?

Growth mindset is a belief that intelligence can be developed.

It emphasizes effort, current strengths, and potential ability.

It can sound like: "I've tried it this way, and it's not working. Let me try a different strategy."

Looks like:



Embracing challenges



Learning from mistakes



Persisting despite obstacles



Being inspired by others' success



Seeing effort as the path to mastery