Why Does Growth Mindset Matter?

I believe my student has significant deficits. I have low expectations for my student and a fixed mindset about their abilities.

I say: "You keep forgetting to write the silent E at the ends of words."

My student learns that they aren't good at spelling. They aren't motivated to try hard, which makes it difficult for them to learn new things.

I believe my student is naturally smart. I have high expectations for them and a fixed mindset that assumes they don't have to work hard.

I say: "You're so smart! You remember the silent E right away!"

My student learns that they are praised when they do things well. This motivates them to "act smart" and makes them feel discouraged when they encounter challenges.

I believe my student has significant assets that will allow them to grow and learn. I have a growth mindset and think that my student's skills will improve with hard work.

I say: "Let's keep practicing so we always remember to add the silent E!"

My student learns that hard work can lead to growth and improvement. They are motivated to push through challenges, and therefore able to learn more.

