

Identifying Triggers

Take notice of sudden shifts in behavior and out of place reactions. Sometimes it may seem like the student isn't interested, but it could be a trauma reaction.



Sudden shifts in Behavior



Out of Place Reactions

Common Triggers in the Classroom

Being asked questions



Being reprimanded by the teacher/adult



Being let down



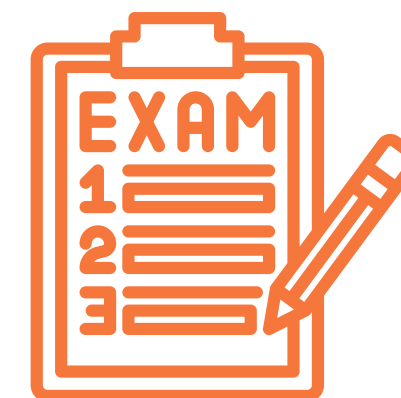
Not having control/input



Fear (rejection/shame)



Test Anxiety



Not being listened to



Getting a wrong answer



Feeling Pressured

