

# General Setup

An important part of creating a supportive learning environment is organizing your physical space.

✓ Appropriate space with minimal noise or distraction.

✓ Have everything you need beside your computer to eliminate movement (pen/paper/equipment).

✓ Camera should be at eye level. Raise your computer with a box.

✓ Your body should be centered in screen with face and shoulders visible.

✓ Good lighting with lights from above and at sides. No shadows on face.



Bad  
Lighting



Good  
Lighting