## **Building Healing Relationships**

Trust is key in any relationship, but even more so in relationships with students who have traumatic experiences. Build trust through consistency:

## **Consistent Attendance**



**Rituals** 



Attend sessions regularly and be present in the moment

The "Hello" slide, special handshake, dance, or game you play each session



**Clear and Consistent Expectations** 



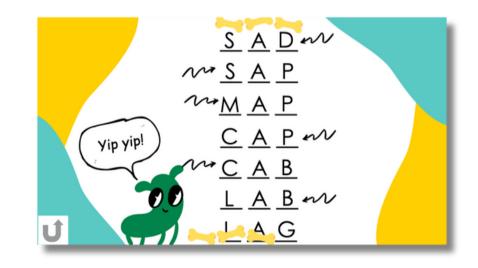
Using the Ready Position to redirect your student.



## Fun is an evidenced based way of building trust.





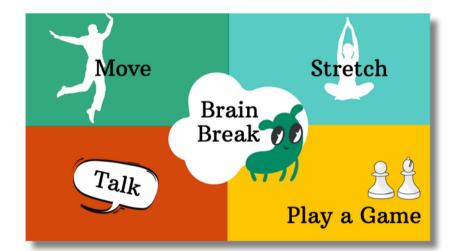


Use the SMILE strategy to help build rapport with your student.

Use student's interests in the lesson - for example, do they like basketball? You can pretend to shoot a basket after every slide.

The Problem Solving activities at the end of the lesson is a time to have fun while working together.





Brain Breaks are a great time to have fun with your student.

